

# The Entrepreneur's Wealth Mindset Paul Magistri

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#### PAUL MAGISTRI



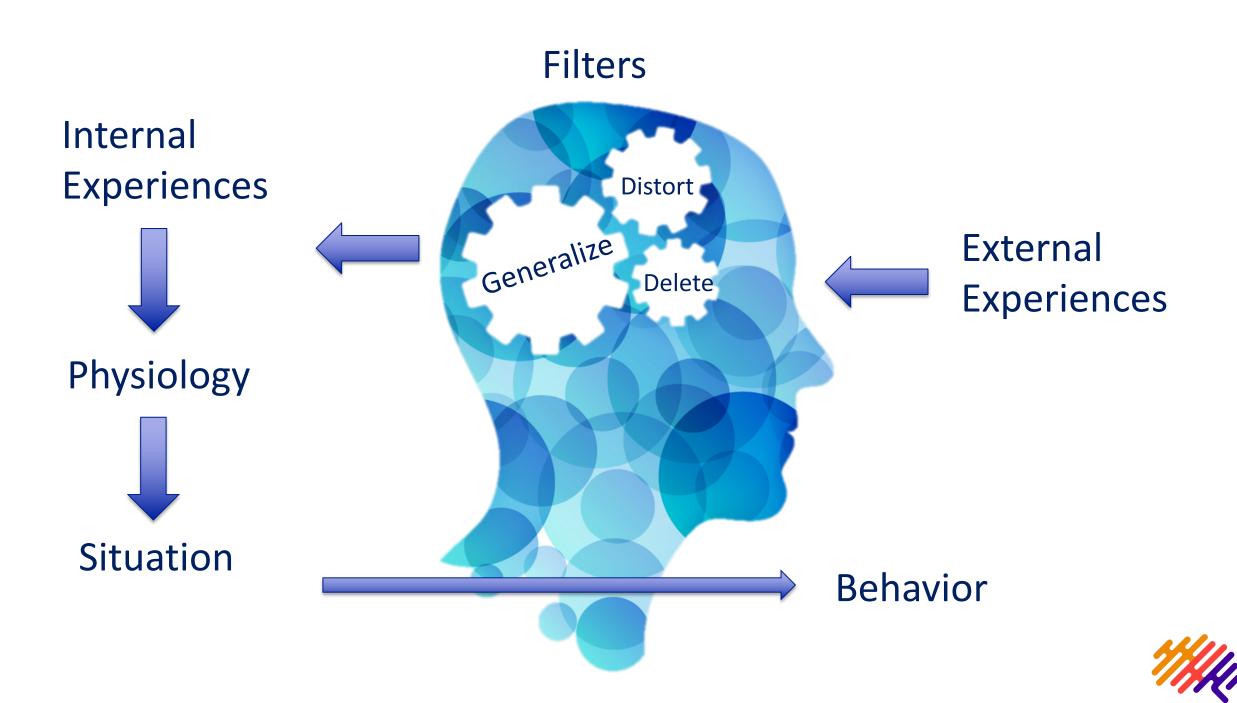
Paul is an accomplished, results-driven sales and marketing expert with over 20 years of experience in the healthcare and fitness industry. A visionary leader, his business successes have generated over \$170 million in revenue, and opened in 36 U.S. markets and 4 worldwide. Among his impressive accomplishments, acquiring the NASA Space Act Agreement for Space Flight and Astronaut Health is a personal standout. Prior to his business ventures, Paul proudly served as a Combat Medic in the Army National Guard. Paul has over 20 years of Network Marketing experience, is a documented 7 figure earner, and has generated over \$170 Million Dollars in business.



# The Entrepreneur's Dilemma

#### **Stressors ARE Affecting Us:**

Insomnia Fatigue Physical ailments Loss of clarity Destroyed confidence Substance abuse Worrying uncontrollably Quality of life degradation Anxiety Inability to make decisions Mental paralysis Cognitive blocks Creative impediments Skewed self-image Self-destructiveness Depression



# 2020'S The Decade of Brain Health & Fitness



# **Stress Causes Us to Lock into a Pattern**

# **Brain States**

Sleeping

Resting

Inventive

Intuitive

Reactive



**Hypervigilance** -- a state of heightened alertness accompanied by behavior that aims to prevent danger. >> Wipes Energy

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#### The brain doesn't know how to disengage

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#### Human DNA Junk-DNA as the major source of *ultra-weak light emission*, also called *biophotons*.



Michel Kana, Ph.D Medium Writer in his article titled "6th Sense: Are We Communicating Using Invisible Light? Biophotons and DNA." Dec 27, 2018

#### Human Genome Project ended in 2003:

- 1% of DNA sequences are translated into proteins (20,000 to 25,000 human genes).
- 99% of the genome has been qualified as Junk-DNA.
- September 2012 scientists suggested that over 80% of the genome serves some biochemical purpose.
- Biophysicists demonstrated the vibrating behavior of the Junk-DNA as the major source of ultra-weak light emission, also called biophotons.





# WHY ZEBRAS DON'T GET ULCERS An Updated Guide to Stress, Stress-Related Diseases, and Coping ROBERT M. SAPOLSKY

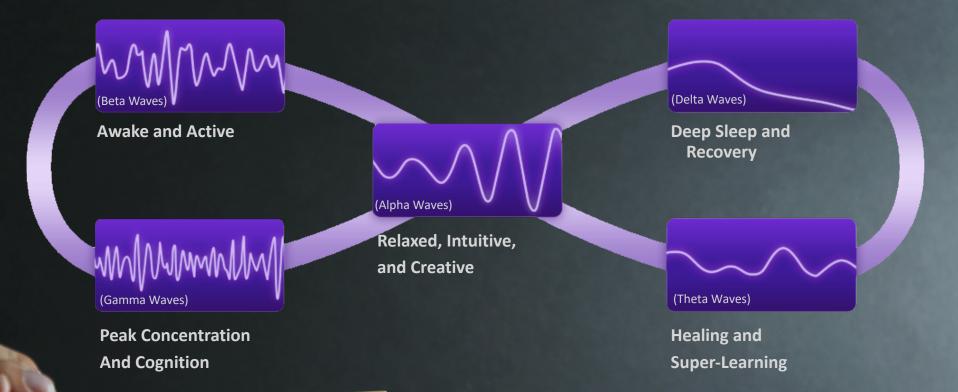
#### **Events don't cause STRESS!**





# Who Loves Rollercoasters? Optimist > sees challenges Pessimist > sees threats

#### Whole Brain Fitness



Triggering the Production of Neurotransmitters: (Dopamine, Acetylcholine, Gaba, Serotonin)

Spectrum of the Brain Activity					Spectrum of the Brain Activity				
delta 0-4Hz 41%	theta 4-8Hz 24%	alpha 8-13Hz 20%	beta 13-19Hz 8%	gamma 19-25Hz 7%	delta 0-4Hz 14%	theta 4-8Hz 12%	alpha 8-13Hz 26%	beta 13-19Hz 42%	gamma 19-25Hz 6%

# Before

# After

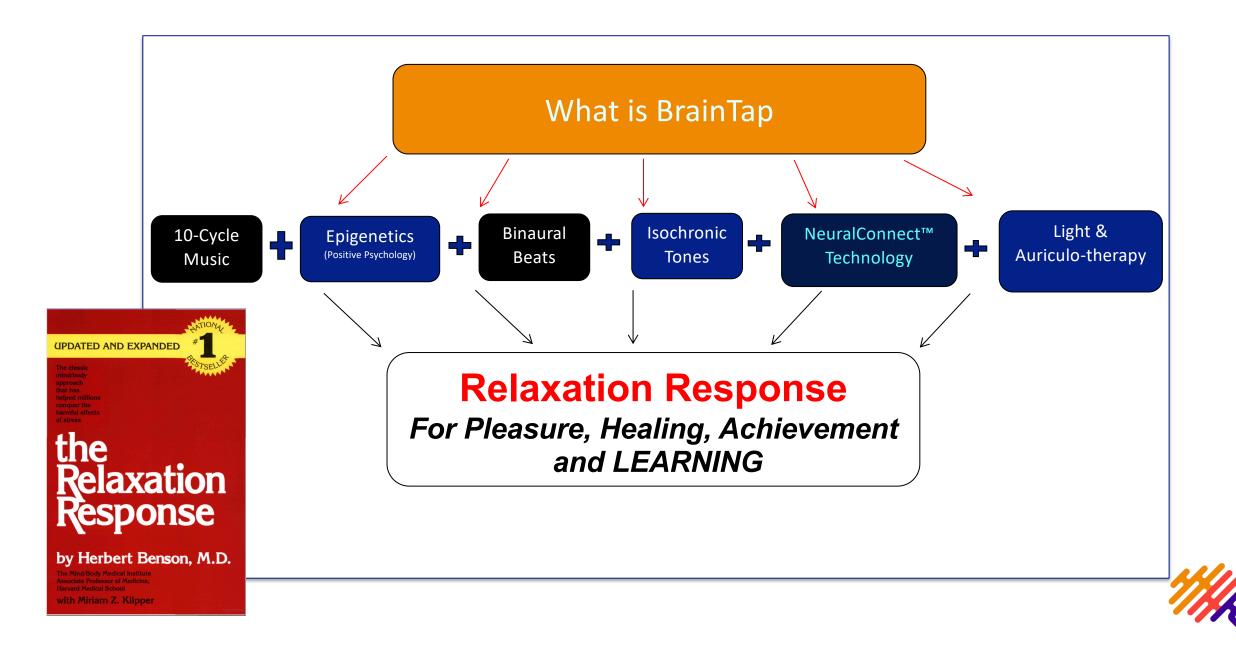


## Brain Fitness using Retinal Flashing (FFR) *"Frequency Following Response"*

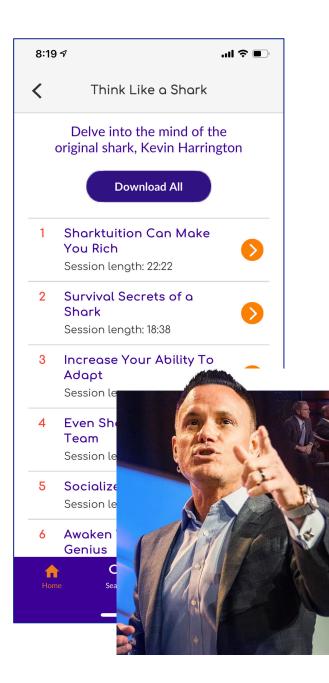


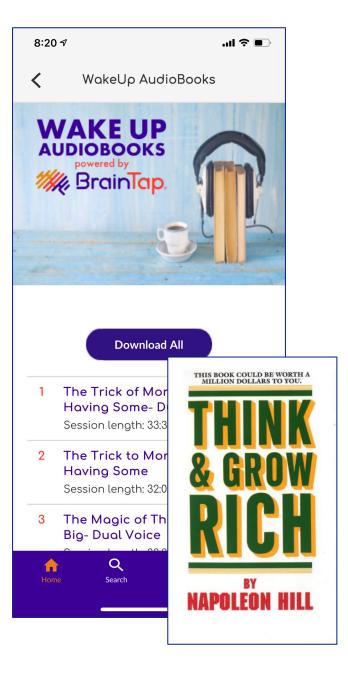
Busy City 18+ cps = Beta

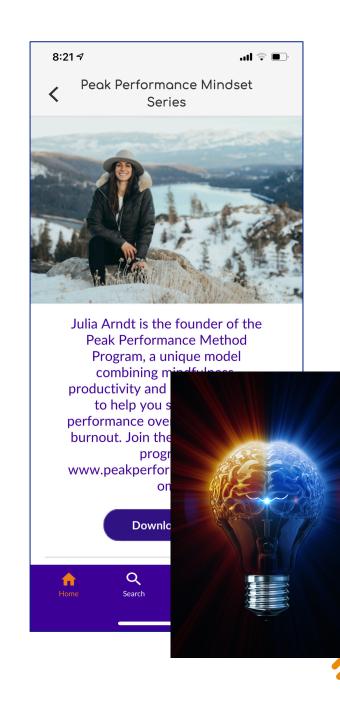












1,825 views | Feb 7, 2019, 03:28pm

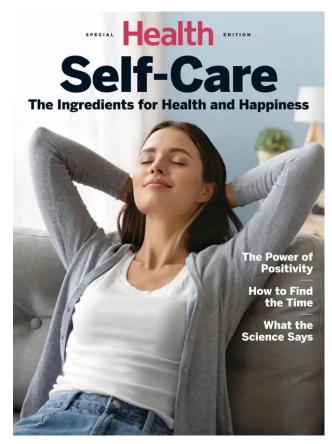
#### This App Taps Your Brain To Remove Stress



**Scott Kramer** Contributor ① *I cover golf, luxury technology, and the intersection of the two.* 

- f An average college student, my Kryptonite was taking tests. No matter how prepared I felt, I would buckle under the pressure come exam time. Thus, I
- struggled with grades through the first two years of college. During junior year, however, my father found me a self-hypnosis tape to listen to on my
- in Sony Walkman. It helped calm me down the night before a test and the next morning. The tape was a half-hour long and I think I can still recite most of it by heart. It really worked, too, helping me pull up my grades to respectability. But I digress.

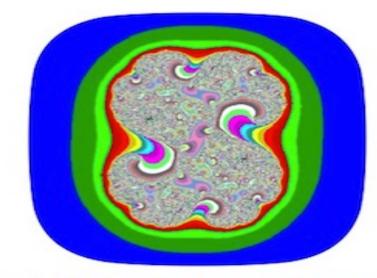
I've noticed and tried several smartphone self-hypnosis apps that attempt to calm me down, over the past few years. Many I've listened to are just okay. Some are really pricey and I felt did not justify the cost. But three weeks ago, I was pitched a free trial for an app called **BrainTap**. After using it, I'm kind of impressed.



**Best Sleep App** 



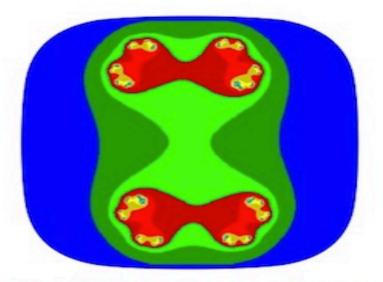
#### **Biorhythm Fractal Portrait**



level of biorhythm coherence 33% (50 - 100%)

## Before

#### **Biorhythm Fractal Portrait**



level of biorhythm coherence 96% (50 - 100%)





# Deskgram

Very excited! Sporting KC players using the Braintap at their new training facility!! Email if you'd like to try it out for free for 30 days!



#### Professional Soccer Sporting KC

https://deskgram.net/p/1726615230975259247\_508169679

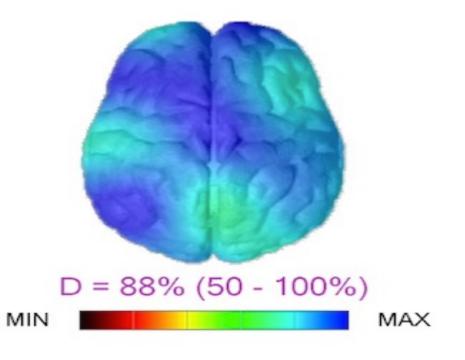
# Recovery the most overlooked training hack!



#### Spline-Map of Brain Electrical Activity

# D = 40% (50 - 100%)

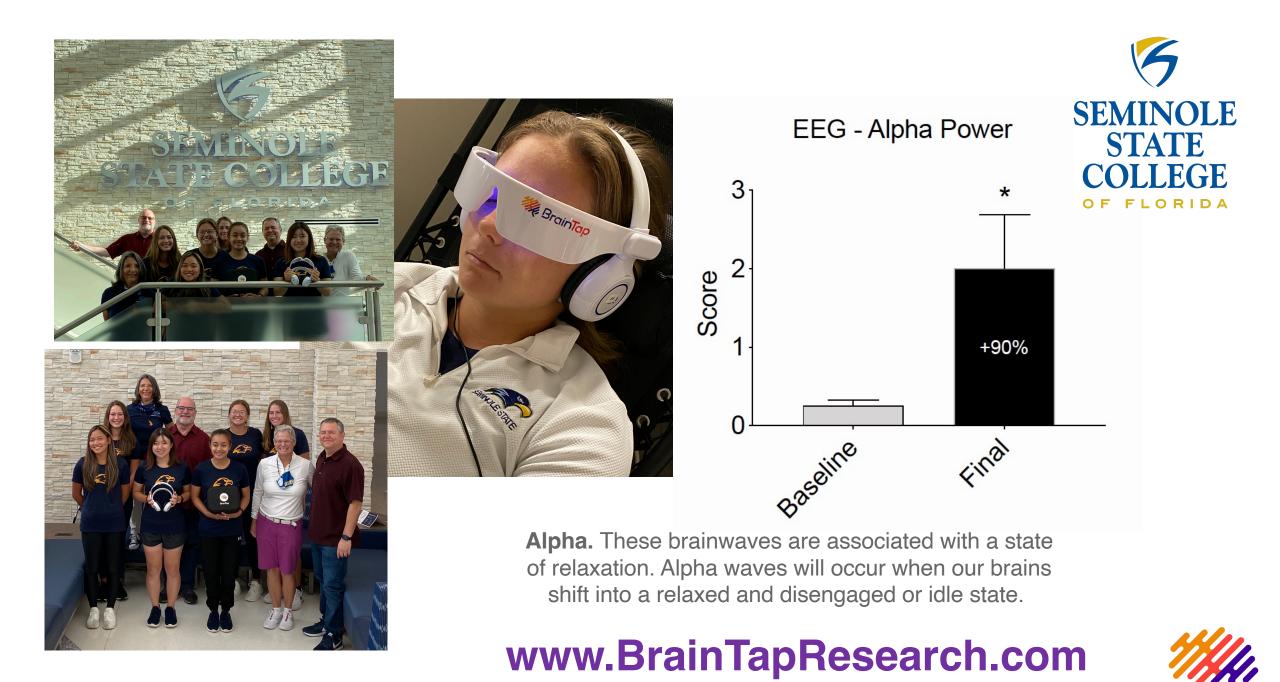
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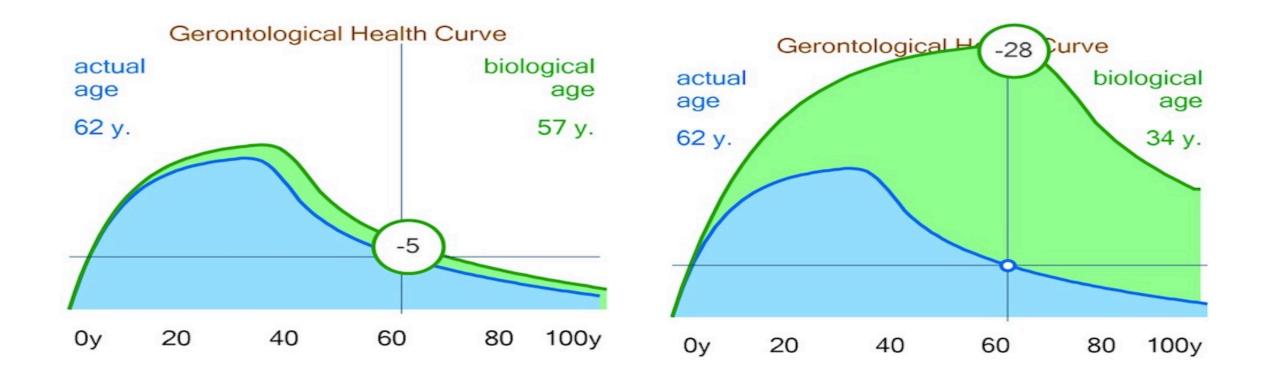


After



Before



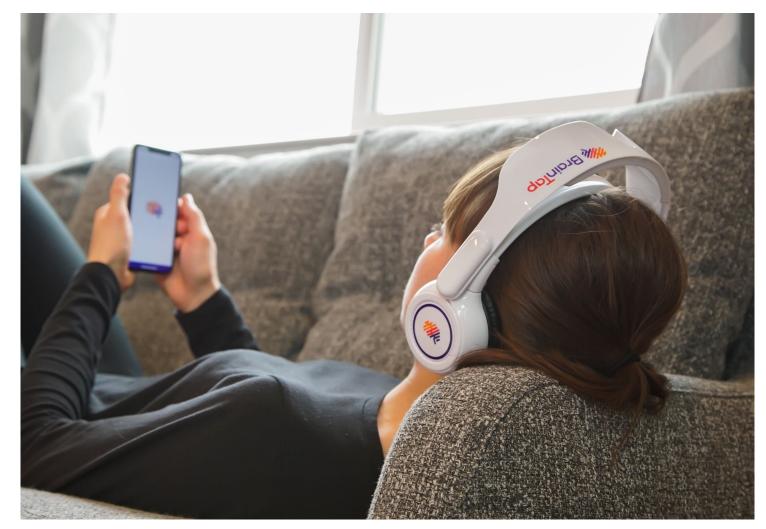


Before

After

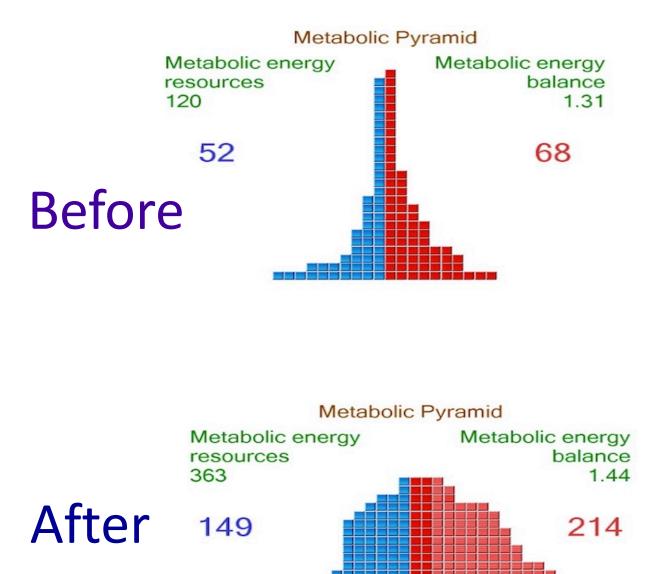














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